



Player Development Initiatives | Frequently Asked Questions

What date will the new Heading rule begin?

It is already enforced and mandated per the federation for 2017-18 Season.

Can the attackers cross the Build-Out Line when the goalie plays the ball or when the defender touches it?

As soon as the Goalkeeper releases the ball by either playing to feet or distributing, the ball is live and the opposing team can pressure the ball.

Do the Player Development Initiatives apply to Recreational programs?

Yes, it applies for all recreational and competitive programs.

Is the Build Out Line for 7v7 or 9v9?

It is for 7v7 only.

Is punting allowed in 9v9 since there is no heading allowed?

Punting is allowed and players born 2006 and older can head the ball.

Where is the Build Out Line placed?

The Build Out Line is marked midway between the penalty area line and the halfway line.

What is the recommended goal size for U8?

4ft Height | 8ft Width

If a 2007 player heads the ball is it a direct or indirect free kick?

When a player deliberately heads the ball, an indirect free kick is awarded from the spot of the offense. If the deliberate header occurs within the goal area, the indirect free kick should be taken on the goal area line parallel to the goal line at the point nearest to where the infringement occurred.

Where can I find information on Player Development Initiatives (including heading, goal sizes, build-out line, ball sizes, etc.)?

- [US Soccer Player Development Initiatives \(PDIs\)](#)
- [Iniciativas de la Federación de Fútbol de EEUU](#)
- [Cal South Player Development Initiatives – 2017-18 Season At A Glance](#)
- [Cal South Player Development Initiatives – 2018-19 Season At A Glance](#)

BUILD OUT LINE DIAGRAM

