

2018 USSF Grade 6

2018 Upgrade Certification Requirements	
Age	Minimum 18 Years of Age
Previous Grade 7 Experience	One Year as a previous Grade 7 Referee
Previous Game Experience	Cal South Affiliated League Games for the previous two years: <ul style="list-style-type: none"> 50 Games as Referee & (25 Games as Grade 7) 25 Games as AR (10 Games as Grade 7)
Annual Training	<ul style="list-style-type: none"> 5 In-Service Hours offered by local Referee Associations 5 Referee Professional Development (RPD) Only one In-Service hour and only one RPD training can be counted per month Pre-register by clicking here .
USSF Registration Fee	Cost of \$90 paid online: Register & pay by clicking here .
Laws of the Game Test	Pass the State Referee Test given online by Cal South SRC
Fitness Test	Pass the FIFA Sprint and Interval Tests <ul style="list-style-type: none"> Test 1 - Repeated Sprint Ability Test (RSA) 6 x40m Sprints with Maximum of 9 seconds per sprint Test 2 - Interval Test 10 Laps with Maximum of 45 seconds for the 150 meter run 10 Laps with Maximum of 45 seconds for the 50 meter walk
Practical Evaluation	2 passing assessments as a Referee is required from an affiliated Youth/Adult division game with a minimum of 40 minute halves, by 2 different State Assessors

NOTES

- Those who have not completed all the required Annual Trainings must attend the Grade 6 Upgrade class held in the fall later during the year.
- For detailed Fitness Test information [click here](#):

2018 USSF Grade 6 Maintenance

2018 Re-Certification Requirements

Annual Training	<ul style="list-style-type: none">• 5 In-Service Hours offered by local Referee Associations• 3 Referee Professional Development (RPD) Only one In-Service hour and only one RPD training can be counted per month Pre-register by clicking here .
USSF Registration Fee	Cost of \$90 paid online: Register & pay by clicking here .
Laws of the Game Test	Pass the State Referee Test given online by Cal South SRC
Fitness Test	Pass the FIFA Sprint and Interval Tests <ul style="list-style-type: none">• Test 1 - Repeated Sprint Ability Test (RSA) 6 x40m Sprints with Maximum of 9 seconds per sprint• Test 2 - Interval Test 10 Laps with Maximum of 45 seconds for the 150 meter run 10 Laps with Maximum of 45 seconds for the 50 meter walk
Practical Evaluation	2 passing assessments as a Referee is required from an affiliated Youth/Adult division game with a minimum of 40 minute halves, by 2 different State Assessors

NOTES

- Those who have not completed all the required Annual Trainings must attend the Grade 6 Upgrade class held in the fall later during the year.
- For detailed Fitness Test information [click here](#):